SNCLF Newsletter

NATIONAL CHURCH LEADERS FORUM | A BLACK CHRISTIAN VOICE

CALLING ON CHRISTIAN LEADERS TO ENCOURAGE GREATER PROSTATE CANCER AWARENESS



by Glyris Nathan

For over 70 years, the UK population has enjoyed the sterling care of the National Health Service (NHS), built and sustained with significant input from Caribbean and African men and women. But this input has been profoundly disrupted by COVID-19, which affected the health of the Black community – including Black NHS staff – and therefore their availability to work.

Global Community Enablers CIC (GCE) was born out of a need for better self-management around health, and, just as the sons of Issachar understood their times and what to do, GCE recognises that the health and well-being of men within the Black community requires attention at this time.

It is to this end that GCE is approaching Christian leadership through the NCLF because, while many leaders of God's people focus on spiritual welfare, we recognise that challenges to *physical* health and wellbeing can obstruct one's *spiritual* well-being.

One in four Black men - compared to 1 in 8 white men and 1 in 12 Asian men - are diagnosed with prostate

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Does God care about our mental health?



According to the <u>Adult Psychiatric</u>
<u>Morbidity Survey</u> (2014), 1 in 6 people
report experiencing a common mental
health problem (like anxiety and
depression) in any given week in England.

The number of people reporting mental health problems has been going up in recent years with implications for individuals, the health services, and society. Given this growing problem, it is reasonable to ask whether God cares about our mental health.

It is indeed God's plan for His children to

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'be in health and to prosper, even as [their] souls proper' (3 John 2). When a person is emotionally or mentally unwell, if left unchecked, the consequences can be very destructive.

It is partly on account of this fact that Satan wages war on the mental health and well-being of people, including believers in the Lord Jesus Christ. Related issues in this regard include tension, fear, anxiety, depression, insanity, despair, bitterness, discouragement, restlessness, and suicidal tendencies (Mark 5:1-5, Luke 21:25-26).

The National Health Service (NHS) outlines some things we can do to stay emotionally healthy, such as eating well, learning new skills, valuing ourselves and others, talking about our feelings and caring for others. These align well with practical Christian living.

Despite the challenges and circumstances that can lead a person to mental health problems, the Lord has made provisions to ensure that His children can remain strong and at peace all the time. Jesus calls on all who are distressed, struggling through life and burdened to come to Him for peace and rest (Matthew 11:28).

This piece is written with a prayer for all who are experiencing mental health problems: May the Lord heal and grant you peace and sweet relief. Amen!

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers

3 John 2

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cancer in their lifetime. This is an important statistic in our community.

GCE's Prostate Cancer Awareness project therefore aims to increase health education within Black communities, dispel myths, and empower men to check their risk, which will increase early diagnosis.

GCE identifies community enablers and teaches them to facilitate life-saving conversations, enabling men to engage in early screening, knowing their PSA (prostate-specific antigen) levels, and appropriate follow-up.

After reading this article, we ask you to bless a minimum of five families by sharing the life-saving information and link below.

We urge you to get ahead of your prostate health by taking the following steps:

★ Step 1: Complete your initial risk check below.

https://prostatecanceruk.org/risk-checker? utm_source=communityenablers&utm_medium=affiliatereferral&utm_campaign=risk-checker

← Step 2: Contact your GP for a PSA blood

test. (Contact us at 074878 12095 or info@globalenablers.org for support.)

It can be a daunting time, so we, as community enablers, are committed to providing assistance along the way.

Glynis Nathan
Executive Director
Global Community Enablers





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ChurchGOers launches its Digital Academy, taking Manifesto for Action to the next level

ChurchGOers, the pioneering faith platform, is excited to announce the launch of its Digital Academy, marking another significant step towards implementing the vision detailed in the second NCLF Manifesto for Action.

The NCLF Manifesto, widely endorsed by church leaders, policymakers and our constituency, identifies 11 core areas for community churches to address.

ChurchGOers is committed to transforming the recommendations in each area into tangible actions, beginning with a modern focus on digital ministry.

The platform now offers a comprehensive suite of tools and resources designed to equip churches to thrive in the digital age.

Key features include:

- <u>Digital Academy</u>: Providing online and inchurch courses, training and mentorship in digital technology, online evangelism and entrepreneurship.
- Faith Network: Connecting members of faith via chat, polls and messaging on a national scale, with groups, forums, articles and events integrating with EventCOers.



← <u>Digital Ministry Library</u>:
 A knowledge base of blue-prints, tips and best practices for digital ministry, including cyber-security, GDPR, web, cloud, and online growth.



← <u>Multi-Directory of Church Services</u>:
 Connecting churches and all their community services to their constituency, through a powerful mobile app.

ChurchGOers is partnering with academia, technology, local authorities and community businesses to create a lasting impact.

Call for Church Action

ChurchGOers invites church leaders, policymakers, and affiliated organisations to enact the 'Manifesto for Action', partnering with ChurchGOers to help re-establish the Church at the centre of the community.

Join us in shaping the future of the Church! Show your support by completing the online form at the link below or email me at churchgoers.app@gmail.com



PAUL JOHNSON

<u>https://my.churchgoers.app/centerofexcellence</u>







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RCCG acquires former **Ellel Pierrepont Campground** in the United Kingdom



For over two decades, the Redeemed Christian Church of God (RCCG) has desired to have a campground in the UK.

The vision for an RCCG Christian Camp in the UK was inspired by the prophetic vision of the General Overseer, Pastor Enoch Adeboye who, over 40 years ago, was led by the Lord to acquire a campground in Nigeria which has grown to become the Redemption City of God. It is the location of the largest auditorium in the world, stretching 3km by 3km.

The campground, formerly known as Ellel Pierrepont Centre (previously owned by Ellel Ministries), was bought by the RCCG in November 2023. Located in Farnham, Surrey, approximately 36 miles southwest of London, the property covers a substantial parcel of land which is home to about 80,000 square feet of buildings, comprising lecture rooms, conference halls, offices, residential accommodation for visitors and staff, along with several ancillary structures, such as a swimming pool, tennis court, sports field, and other facilities.

RCCG commits to keeping this campground for God's purposes and for the services of the wider Christian community.

Dr Marcus Chilaka RCCG Living Water Parish



Nates for your Diary

Gospel Heritage Month Prostate Cancer Awareness Month Rosh Hashanah Sickle Cell Awareness Month

OCTOBER

Pastor Appreciation Month Black History Month (UK) **Breast Cancer Awareness Month** World Mental Health Day British Summer Time ends All Saints Eve

NOVEMBER

US Presidential Elections National Adoption Week Remembrance Sunday



A Manifesto For Action

Empower yourself and your community to make a difference together.

Read the Manifesto here

The NCLF Newsletter is published quarterly: Spring, Summer, Autumn and Winter. We welcome contributions (300 words max) about news of national interest happening in our churches or elsewhere, national or international. Tell us your events, eg. national conventions,

Key areas of interest are topics in line with our Black Church Manifesto. Submission does not guarantee inclusion. Please include your name and contact details and send to: Jackie Raymond at bereanservicesuk@gmail.com, and cc to info.nclf@gmail.com.

THE DEADLINE FOR THE NEXT NEWSLETTER IS 18th NOVEMBER 2024.

Email us at info.nclf@gmail.com or connect with us on social media